

LLH Elementary NEWSLETTER



February 2026

Valentine Parties

Thursday, February 12th
($\frac{1}{2}$ day)

Watch for specific information about your student's classroom party in their weekly classroom newsletter.

Keep our kids safe - no nut products and please send only prepackaged foods.



Our Social Worker


Hello!

My name is Michael Garrison and I am the social worker at LLHS.

I am excited to be a part of the school and support our students' social, emotional, and behavioral well-being. I work with students who may be experiencing challenges such as peer or friendship concerns, adjusting to family changes, school-related stress or anxiety, or managing emotions in the classroom. I collaborate closely with teachers and staff to ensure that student support happens at times that minimize disruption to learning.

If you have questions or would like to discuss support for your child, please feel free to contact me by email at mgarrison@lakelinden.k12.mi.us.

Important Events

- February 2 - Book Club: Everyone Wins! 6pm
LLH HS room 106, free childcare & pizza (please register with Chris @ cschuldt@copperisd.org)
- February 4 - Parent 101: Understanding Your Elementary Student's Reading/Math Data, 6pm, Elementary School
- February 7 - Eat Ice Cream for Breakfast 9-11a
Community Wide Event @ LLHE Gym
- February 9 - BOE Mtg, 5:30 PM, LLH HS room 102
- February 11 - PTO Mtg, 5:30 PM, LLH HS room 106
- February 11 - Community Wide QPR Suicide Awareness Training, 6pm
LLH HS Auditorium 
- February 12 - Half Day, dismissal at 11:44 AM
Valentine's Day Parties in AM
- February 13 - NO SCHOOL, Area Wide Inservice
- February 14 - PTO Glow Dance II, 6-8 PM, LLH EI
Cost @ the door
- February 16 - Winter Break, no school
- February 17 - Family Night: Digging up Reading!
5:30-7 PM LLHE grades preK-5
- February 18 - Regional Spelling Bee, E.B. Holman
Competition Schedule:
5th Gr 9:00am/6th Gr 10:00am
7th Gr 12:30pm/8th Gr 1:30pm

CELEBRATIONS

We are proud of ...

WINNERS

LOCAL 2026 SPELLING BEE

5th Grade Winners

Champion: Sophie Dube

Runner-up: James Perala

6th Grade Winners

Champions: Mila Ranta-Peterson
and Laila Stromer

Runner-up: Harbor Stonelake

7th Grade Winners

Champion: Emily Hainault

Runner-up: Morgan Kivela

8th Grade Winner

Champion: Brody Ferguson

DISTRICT 2026 SPELLING BEE

5th Grade

Champion: Sophie Dube

Runner-up: James Perala

6th Grade

Champion: Mila Ranta-Peterson

7th Grade

Champion: Morgan Kivela

8th Grade

Runner-up: Brody Ferguson

NEWS

We are excited about InPact!

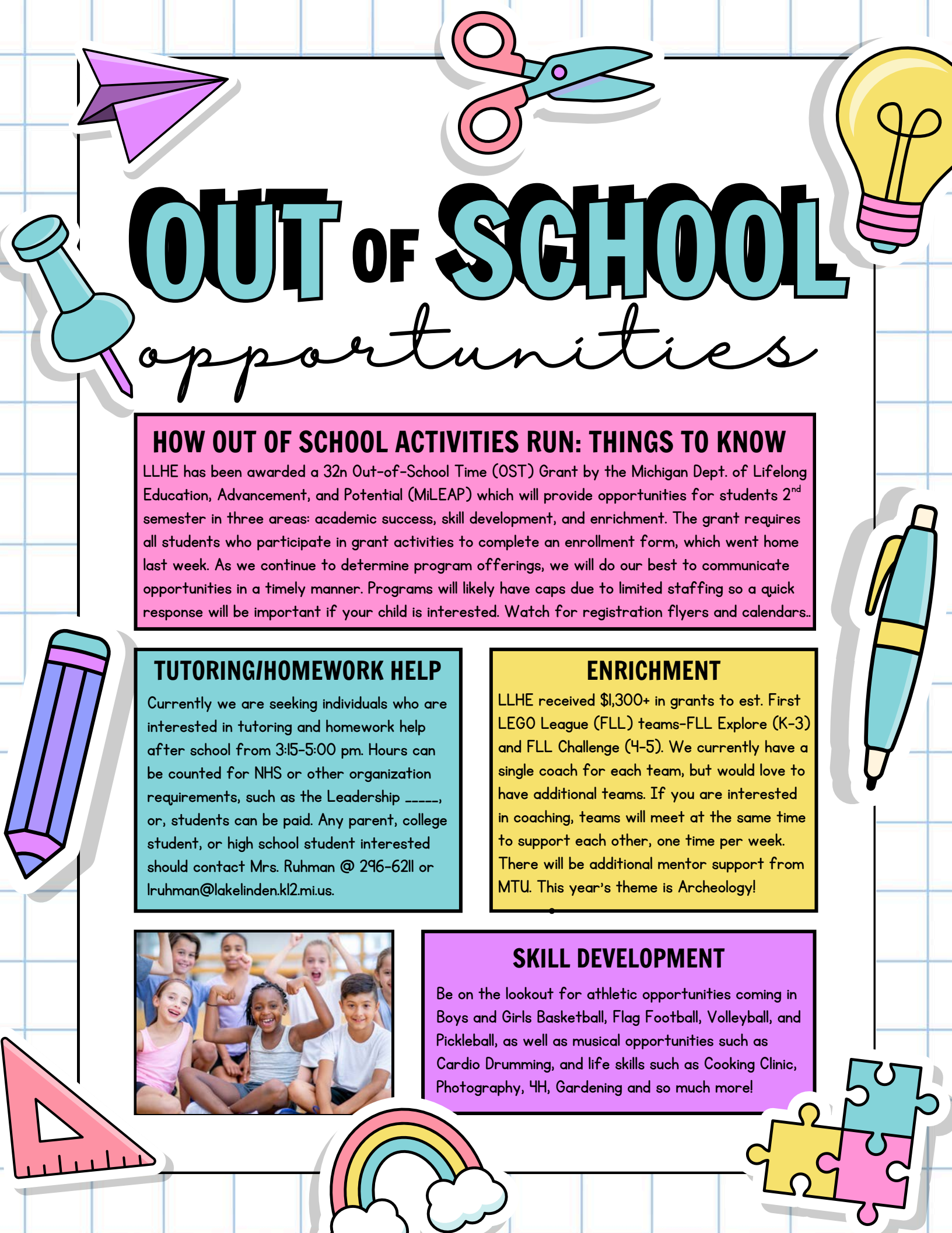
InPACT (Interrupting Prolonged Sitting with ACTivity) provides K-12 school activities designed to reduce sedentary behavior and boost physical activity. Our goal is to utilize 1-5 minute "exercise snacks" to achieve up to 20 minutes of daily, high-intensity activity, improving children's physical and mental health.

NEXT WEEK

Winter Break is Here Already!

Just a reminder ... Next Thursday February 12th is a half day of student attendance, Friday there is no school for the Area-wide Teacher Inservice, and Monday is marked as winter break so there is no school as well.

Enjoy a long weekend!



OUT OF SCHOOL

opportunities

HOW OUT OF SCHOOL ACTIVITIES RUN: THINGS TO KNOW

LLHE has been awarded a 32n Out-of-School Time (OST) Grant by the Michigan Dept. of Lifelong Education, Advancement, and Potential (MiLEAP) which will provide opportunities for students 2nd semester in three areas: academic success, skill development, and enrichment. The grant requires all students who participate in grant activities to complete an enrollment form, which went home last week. As we continue to determine program offerings, we will do our best to communicate opportunities in a timely manner. Programs will likely have caps due to limited staffing so a quick response will be important if your child is interested. Watch for registration flyers and calendars..

TUTORING/HOMEWORK HELP

Currently we are seeking individuals who are interested in tutoring and homework help after school from 3:15-5:00 pm. Hours can be counted for NHS or other organization requirements, such as the Leadership _____, or, students can be paid. Any parent, college student, or high school student interested should contact Mrs. Ruhman @ 296-6211 or lrhman@lakelinden.k12.mi.us.

ENRICHMENT

LLHE received \$1,300+ in grants to est. First LEGO League (FLL) teams—FLL Explore (K-3) and FLL Challenge (4-5). We currently have a single coach for each team, but would love to have additional teams. If you are interested in coaching, teams will meet at the same time to support each other, one time per week. There will be additional mentor support from MTU. This year's theme is Archeology!



SKILL DEVELOPMENT

Be on the lookout for athletic opportunities coming in Boys and Girls Basketball, Flag Football, Volleyball, and Pickleball, as well as musical opportunities such as Cardio Drumming, and life skills such as Cooking Clinic, Photography, 4H, Gardening and so much more!

LAKES KIDS

GET HEALTHY

WELLNESS WEDNESDAY

The first Wednesday of every month we celebrate our health!

Did you know?

School-age kids need an average of 9–12 hours of sleep per night, while teens need an average of 8–10 hours. Note: Some kids and teens need more sleep than others, so those who are often tired may not be staying in bed long enough.

When trying new habits, choose just one or two to start adding more as they become routine. Let your child decide what seems doable for now, and make the changes gradually.

Sleep Matters

Help your child sleep better:

Avoid caffeine, limit naps, and be sure to get some daily exercise.

Plan for enough sleep.

Establish a bedtime routine.

Limit bright lights & electronics.

Keep bedroom cool, dark, & quiet.

Fun things to do in winter

snowshoeing
sledding/tubing
skating
skiing

make hot cocoa
build snowmen
make snow angels

Do something positive - Set a learning goal for yourself this month:

Math

Science

Reading

Writing

Reminders

Healthy Kids Club meeting times this month:

K-2nd meet Tuesday, Feb. 10th; 3rd - 5th meet Thursday, Feb. 26th