

CC Invite Girls Track Records

Established 1980-2019

<u>Event</u>	<u>Record Holder</u>	<u>School</u>	<u>Record</u>	<u>Year</u>
3200 M Relay	Lindsay Kiilunen, Tara Kiilunen Stephanie Parks, Rachel Poyhonen	Calumet	10:12.82	2010
100 M Hurdles	Shannon Helminen	Calumet	16.01	2006
100 M Dash	Chelsea Jacques	Calumet	12.70	2013
800 M Relay	Becky Kangas, Jordan Kronshage Kara Rastello, Shannon Helminen	Calumet	01:51.68	2006
1600 M Run	Christina Mishica	Hancock	05:22.01	2007
400 M Relay	Lexie Rowe, Caitlin Klobuchar Annie Trevo, Chelsea Jacques	Calumet	51.19	2014
400 M Dash	Zenner Sloane	Houghton	01:01.81	2016
300 M Hurdles	Lori Wardynski	Ontonagon	47.87	2016
800 M Run	Kelly Lufkin	Houghton	02:26.06	2008
200 M Dash	Chelsea Jacques	Calumet	26.66	2013
3200 M Run	Jane Rautiola	Jeffers	11:45.31	1998
1600 M Relay	Jordan Kronshage, Kara Rastello Karen Koljonen, Shannon Helminen	Calumet	04:19.92	2006
<u>Field Events</u>				
Pole Vault	Stephanie Mishica	Hancock	9' 9"	2003
Discus	Missy Gurchinoff	Houghton	114' 02"	2005
Shot Put	Kendra Monette	Houghton	39' 03"	2016
High Jump	Jamie Hendrickson	LL-H	5' 3.25"	2019
Long Jump	Adeline Grier-Welch	Houghton	16' 02.5"	2012

5/15/2019